

# St Luke's Charity of the Month – March 2021

## Kenward Trust – *Local centre for addiction*

The Trust was founded on a strong Christian faith over 50 years ago from which it draws its underlying values that underpin every aspect of its work and the way it delivers services. Its main aim is to save lives through recovery, resettlement and reintegration programmes.

This year has been a struggle for everyone but the Kenward Trust's aim is to provide care and support to an average of 200 men and women each year who are affected by alcohol and drug dependence. And there are projects that engage especially with ex-offenders - providing support, guidance and sanctuary to counteract the disadvantage and discrimination they face. This assistance successfully breaks cycles of re-offending.

The charity's work is critical in helping individuals to transform their life and get away from addictions and move forward to a better future. The service has grown and expanded across Kent and East Sussex and has a national reputation for excellence in the field of drug and alcohol treatment and rehabilitation.

Their Therapeutic Gardens and Workshops, set amongst 15 acres of Kent countryside, provide a large part of the recovery programme, offering residents a variety of activities, ranging from maintaining the beautiful gardens through to furniture restoration. There is a designated Arts and Crafts Workshop producing items for sale to the public. Other residents look after some friendly alpacas and goats. The gardens are continuously expanding with residents at the forefront of setting up new workshops. All of this offers an exciting range of activities for the residents and recovery graduates to improve their social interaction, achieve greater personal development and acquire new skills and qualifications.

Help is not only available for Christians. Kenward welcomes clients with any or no faith but they are all encouraged to explore spirituality. Miriam Barker is their chaplain who visits once a week to be "in the chapel" for whoever would like to join her for a chat, to read a story in the Bible and to pray. She runs Alpha courses which help the healing, transformative and recovery work that happens.

**Please give generously**, directly via their website [www.kenwardtrust.org.uk](http://www.kenwardtrust.org.uk) or send a cheque to St Luke's Treasurer.

For more information, go to their website or contact Peter Ashwell (461087) who is St Luke's Champion for this charity.